

No matter where in the world many projects and programmes are similar. After each one below we take a moment in silence to thank God for his continual guidance and support.

Parenting programmes.

Prisoner support.

Stand against gender violence.

Care for those in need.

Support and aid for victims of domestic violence.

Support of marriage and family life.

Stand against modern day slavery.

Commitment to prayer.

A life in faith.

Let us say together Mary Sumner's personal prayer.

**All this day, Oh Lord, let me touch as many lives as possible for thee; and every life I touch, do thou by thy spirit quicken, whether through the word I speak, the pray I breath, or life I live.  
AMEN**

We also take this time to pray for our diocesan links; especially those who we have direct contact with.

Matlosane, South Africa

Cork, Cloyne and Ross, Ireland

QuAppelle, Canada

Nordkirche, Germany

### **Isaiah 65:24**

Before they call I will answer; while they are yet speaking I will hear.



## Wave of prayer 2024

The Wave of Prayer is a continuous expression of our commitment in prayer to each other, which runs throughout the year and encompasses all the places in which we are represented. At this time we join our link partners becoming closer together through prayer.

### **Matthew 6:10-13**

How to pray

**Praise** for who He is  
for what He has done

Our Father who art in heaven, hallowed be thy name

**Repent** of sins we have committed  
of commands we have rejected

And forgive us our trespasses, as we forgive those who trespass against us

**Ask** for the needs of others  
for our needs

Give us this day our daily bread, lead us not into temptation, but deliver us from evil

**Yield** my will to God's will  
my agenda for God's

For thine is the kingdom, the power and the glory for ever and ever

Together let us repeat the **Lord's Prayer**.

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power and the glory are yours now and forever. AMEN**

We begin today with prayers for peace as our world this year seems to be spiralling into darkness. Within our links conflict destroys lives, families, communities and it's consequences ripple further afield causing continual discord; just as wars and conflict further afield can be.

Dear God, our world is torn by violence and war. We pray that you provide this world with a peace that is only found in you. We pray for those who are suffering from the results of war and violence. We pray that you provide them with both physical and mental healing. We pray for an end to all wars and violence. We pray for your redemption. We pray for an end of division between individuals, groups and nations. We pray for your healing. We pray for an end to all trauma and hurting. We pray for your love to reign over all.

In Jesus' name. **AMEN.**

#### **ANKOLE** Uganda

We continue to see churches working together, alongside Mothers' Union providing training sessions around all aspects of family life. Women on these courses then take their newly learnt skills home to educate their children and other family members. Subjects can be wide ranging as growing crops, health care and home finances.

#### **ABJUA** Nigeria

This fast growing capital sees a vast variety of different communities and, though it races to show its modern growth, nowhere is safe from terrorist attacks that devastate local areas. Mothers' Union fights to offer support to those who have lost loved ones and their homes. New skills are needed to keep together and to form new connections.

#### **KARNATAKA** India

Our work around children's rights and care continues to take priority, as trafficking reaches extreme numbers, and parenting is at our work's heart. All levels in society need to recognise the importance of moving forward together to fight against all forms of injustice and allow all to flourish as their roles are equally valued.

#### **LAGOS WEST** Nigeria

The modern financial hub of the country struggles to be seen as forward moving, as abuse and segregation of minorities is still common place. Mothers' Union continues to stand for justice, understanding and respect. We continue to support projects aimed at women's empowerment, ensuring a positive future.

#### **LICHFIELD** England

Always looking to increase projects within our communities ensuring local needs can be met, we have a wide diversity of work taking place. Whether it be children from deprived families needing uniform items to farmers battling pressures amid isolation, our branches reach out with diverse plans to help.

#### **LAINYA** South Sudan

Mothers' Union members and their work is respected on many levels and so we easily become involved in peace and reconciliation negotiations where war is tearing apart families. Women and children need skills as their roles are changing to family elders and bread winners rather than dependents.

#### **PSALM 66:17-20**

I cried to him with my mouth, and high praise was on my tongue. If I had cherished iniquity in my heart, the Lord would not have listened. But God has listened; he has attended to the voice of my prayer.

Let's say together our **Mothers' Union Prayer**

**Loving Lord,**

**We thank you for your love so freely given to us all. We pray for families around the world. Bless the work of the Mothers' Union as we seek to share your love through the encouragement, strengthening and support of marriage and family life. Empowered by your spirit, may we be united in prayer and worship and in love and service reach out as your hands across the world.**

**In Jesus' name. AMEN**