

## United in Prayer: St Bridget's Cross creative prayer activity

Throughout her life St. Bridget was known for her generosity to those in need. According to legend, Bridget used to weave crosses, tied with ribbons, which she gave as gifts to those she met on her journeys.

Weaving a St. Bridget's cross can be a creative way of praying for your link dioceses.

You will need four strips of coloured paper or thin card about 1cm wide:

Write the names of your link dioceses on the strips.

In Lichfield we now have 6 linked dioceses including our own

<b>Diocese</b>	<b>Country</b>	<b>Province</b>
Lainya	South Sudan	South Sudan & Sudan
Ankole	Uganda	Uganda
Abuja	Nigeria	Nigeria
Lagos-West	Nigeria	Nigeria
Lichfield	England	Canterbury
Karnataka North	India	South India

If you wish, as a group you may pause and pray in silence or aloud for each diocese as you write their names on the paper, and begin to weave the cross. Remember to include your own diocese.

Use the finished crosses as a symbol of your unity together as link dioceses and as a reminder to pray for each other.

*Almighty Lord,  
we thank you that we have been  
woven together in unity  
through the cross of Christ,  
and made secure with his love.  
Amen*

